

13 May 2025

Dear Parents/Carers

As part of our needs-based Year 9 PSHE curriculum for this term, "Healthy Me", students will be looking at safer relationships and behavioural choices and how people can protect themselves. This will include information on contraception, STIs, misconceptions and myths, sexual health services, unplanned pregnancies, porn and sexting. These sessions will be delivered by Anna Murray who is the Island's Sexual Health Promotion Practitioner for the NHS.

Although sex education is part of the school's Relationships, Sex and Health Education (RSHE) curriculum, there is a crossover with what the students learn in the science curriculum. These one hour sessions will be delivered during lessons the week commencing 19 May 2025, on Tuesday 20 May and the afternoon of Thursday 22 May.

Please contact me on the e-mail address below if you do not wish for your child to take part in this invaluable, educational session.

If you would like to discuss this further, please email me on [louise.southwell@medina.iow.sch.uk](mailto:louise.southwell@medina.iow.sch.uk)

Yours faithfully



Louise Southwell  
Personal Development Lead