

27 February 2025

Dear Parents/Carers

We are excited to inform you about an important session being delivered to our Year 9 students as part of the Police Education Programme on Friday 7 March. This session will focus on Healthy Relationships and will address crucial topics surrounding respectful relationships, personal safety, and well-being. The session will last for one hour and students will be in groups of 40.

During the session, students will explore key themes, including;

- **Healthy Relationships:** A comprehensive overview of what constitutes a healthy relationship, including mutual respect, trust, and communication. Students will also be informed about support services available if they or their friends find themselves in an unhealthy relationship.
- **Unhealthy Relationship Behaviours:** Students will learn what these behaviours are, how to recognise them, if serious, who they can report them to, and what the consequences are for those who engage in such actions.
- The session will be conducted in a workshop style, where students will watch short scenario videos, followed by group discussions. This interactive format is designed to help students better understand the real-world application of these concepts and encourage open dialogue.

Myself and other teachers will be present throughout the session to ensure a safe and supportive environment, and additional support will be available for any students who may need it during or after the session.

We believe that these discussions will empower students to make informed decisions about relationships and personal safety. If you have any questions or would like further details, please do not hesitate to contact us.

Thank you for your continued support.

Yours faithfully



Mr Murdoch
Head of Year 9